



www.thebarrier.co.nz/wharf2wharf.htm or www.kaitoke.school.nz for registration link, course map, description and more

Information, Terms & Conditions for Competitors 5th October 2019

Our event is the major fundraiser for Kaitoke School, a small primary school opened in 1988. Your participation helps subsidize off island educational trips for our students, contributes to the Island's economy and is wholly run by volunteers. Thank you for your support. Barry Moutat was on our Board of Trustees and was a staunch supporter of this event and the school.

DESCRIPTION

The marathon starts at the Port FitzRoy wharf and finishes at the Tryphena wharf, **42.2** kms later. The course takes runners, walkers and mountain bikers through mature bush, the main settlement areas and past some of the coastline Great Barrier Island is famous for.

Half marathons start from either Port FitzRoy via a Department of Conservation track or Okupu for a half marathon road course.

FEES: Adult \$95.00; Child: under 16 years of age \$45.00; The 10km option is \$45 for adults & kids **New!!!** Team relay \$120.(see additional information sheet) The 5km option is \$10 per person. You can register for this on the day. Optional: On island transport \$55, plus \$10 for a bike (*Shuttle bus to event start and return to accommodation from event finish. This is only available to competitors who have booked and paid for this with their registration. There will be no extra places on the day. It does not include transport to/from the ferry or flights*).

The Course

Km's 0 – 3 Undulating gravel road (along Kaiaraara Bay Rd), nice views to the water.

Km's 3 – 16.5 Wide 4WD track (known as Forest Rd), with some technical bits, more up than down with some pretty solid (and lengthy) climbs. Can be slippery and rutted after rain. Competitors will leave the first mountain track to cross Whangaparapara Rd and enter the second of the mountain tracks.

Km's 16.5 – 21.5 A short but sharp climb, followed by about 4km of unbelievable trail goodness with some technical bits, boardwalks and spectacular views over White Cliffs.

Km's 21.5 – 42.2 Road half makes its way through Claris Centre and incorporates a loop down past the school then back to the main road to ensure the full marathon distance before reaching the first small hill with astonishing ocean views.

Following the Medland's detour the first harder climb begins which will take competitors over to the western side of the island where the road winds around scenic bays and up 2 further hills to make your way around the final bay to the Tryphena Wharf finish.

REGISTRATION

* For race registration and further information go to www.thebarrier.co.nz/wharf2wharf.htm or [school webpage](http://www.kaitoke.school.nz)

CLOSING DATE

* Closing date for all registrations: **3pm 13th September, 2019**

* **NO** late entries will be accepted.

WHAT TO BRING

October weather is changeable and competitors should bring 'easy to shed' layers for the marathon and good shoes (not new). Check out marathon websites for tips if this is your first marathon. A torch will be handy as there is no street lighting on Great Barrier Island. Nor is there a bank (so bring cash), good cellphone coverage or public transport – a real adventure! If you have special requirements e.g. food or medication please bring them with you. You are a long way from home!

CHECK IN

Competitors (except 5 kms entrants who register on the day at the start) will need to pick up their Race Pack with bib numbers, transport pick-up details and other information on **Friday the 4th of October**, at the venue they have designated on their Registration. (see Venues below)

- * Tryphena Hall – Medland Rd - Collect packs 12-3pm
- * Claris Airport Terminal - Collect packs 8am-7pm
- * Port FitzRoy Library - Ph 021 059 0744 12-3pm

Race packs will show the regular Aid Station locations and toilets available along the route. Transponders are picked up at the start points on Race Day.

ALL COMPETITORS MUST BE AWARE THAT THE ROAD SECTIONS OF THE RACE ARE OPEN TO NORMAL TRAFFIC AND THAT EACH COMPETITOR IS INDIVIDUALLY RESPONSIBLE FOR FOLLOWING THE TRAFFIC LAWS AND FOR THE CONSEQUENCES OF ANY BREACHES OF THE LAW.

START TIMES

Check in for events on the day for **all** events is half an hour prior to the race. For competitor safety purposes **ALL** competitors **must** provide their names to officials and collect their transponders (for timing).

Competitors will be asked to start the race in order of: Bikers, then Runners, then walkers.

- Port FitzRoy Full and Track half start: 7.00am check-in for 7.30am race start. (Check-in at the information centre, just before the wharf).
- Okupu road half start: 8.30am check-in for 9am start
- Medland (Church) 10km start: 10.00am check-in for 10.30 start
- Tryphena Hall 5KM Fun Run start: 11.00am check-in for 11.30am start

ANY COMPETITOR NOT STARTING AT DESIGNATED START OR WITHDRAWING AT ANY STAGE FROM RACE MUST NOTIFY RACE OFFICIALS AS SOON AS POSSIBLE!

All Competitors must be finished by **4.00pm**, after which **they will** be picked up and taken to the finish line.

EVENT CANCELLATION POLICY

The island can occasionally be isolated due to weather conditions. Should the event be cancelled due to conditions affecting travel to and from the island, competitors will be refunded their registration and any on island travel fees minus any booking fee. Accommodation and travel to and from the island are not the responsibility of the event or the event organisers. In the case of conditions necessitating the closure of the forest track section of the course a revised course will be run.

If cancellation of this event has to happen, every effort will be made to contact competitors. You will be notified on www.thebarrier.co.nz, on the Great Barrier Island Wharf to Wharf and Chit Chat Facebook pages and broadcast on the local Aotea Community Radio Station 94.6FM and 104FM

Phone Kaitoke School on 09 4290 273 if in doubt.

COMPETITOR CANCELLATION POLICY

Registered competitors may cancel for any reason prior to the close off date (3pm Sept 13th 2019) and receive a full refund for their race registration, T'shirt and race transport costs but not the online registration fee. Cancellation after 13th Sept and before 22th September 2019, for any reason, will receive a refund of 50% of same and there will be NO refund thereafter. Under extreme circumstances the Event Committee will take a request for refunds under consideration.

ROAD/RACE SIGNS

Direction and distance signs will be well posted along the route. Please pay attention to these signs. Competitors are expected to abide by the directions and instructions provided.

TRANSPORT OPTIONS TO GREAT BARRIER ISLAND

Discounted fares may be available when booking direct through the travel operator when you say you are a competitor. Contact the Event Co-Ordinator Ngaire Avery on 09 4290 605 or wharf2wharf@kaitoke.school.nz for assistance with booking flights /ferry.

TRANSPORT OPTIONS ON GREAT BARRIER ISLAND

For competitors who have registered and paid for race day transportation on island, buses will pick you up from designated places close to your accommodation. It is the competitors' responsibility to advise where they are staying prior to the 13th September. No refunds will be given if, due to lack of this information, transport is not available.

Prepaid on-island transport will take competitors to the check in points at either Port FitzRoy, Okupu or Medlands, (No pickup provided for 5KM Fun Run at Tryphena).

For bikers – if you have booked this transport at the time of registration, your bike will be transported to either Port Fitzroy for the full marathon event or the Crossroads for the Duathlon event. We hope to transport the bikes on the Friday to the starts and keep them secure there overnight. No service to Okupu or Medlands -sorry. Shuttle buses will also provide prepaid transport from the finish point back to your accommodation, as required. The shuttle will leave at regular intervals. This service costs \$55 per person and \$10 per bike and can be selected on the registration form. **This service is only available for competitors who have paid for it with their registration.**

Alternatively, vehicles may be hired on the island. Operators are listed at; www.thebarrier.co.nz/services.htm or contact Ngaire Avery for help.

Please bear in mind that if you take a vehicle to the start point you will need someone to drive it back for you as there is limited parking available in the Port FitzRoy, Okupu half way point and Tryphena wharf areas.

ACCOMMODATION

There are a number of great places to stay on the island to suit all budgets.

All accommodation available on Great Barrier is listed at www.thebarrier.co.nz Contact the Event co-ordinator Ngaire Avery (details as above) for advice about where to stay .

PRIZE GIVING

Prize giving will be held at the GBI Sports & Social Club at Claris. Food and drink may be purchased at the venue from about 5.00pm and prize giving will commence at about 6.00pm. Transport to the prize giving venue and thereafter is the competitor's responsibility. Competitors must be present to receive any spot prizes.

TROPHIES

There will be 23 different races on the day, there are 11 main trophies to be awarded to the winners of the following events. These trophies remain on the island as a historical record of all past winners. Winners get a smaller trophy to take home. Our trophies are hand-crafted by Peter Edmonds of The Black Cow Gallery in Tryphena

Main Trophies –

Men: Full Marathon Bike, Full Marathon Run, Half Marathon Track Run, Half Marathon Road Run,

Women: Full Marathon Bike, Full Marathon Run, Half Marathon Track Run, Half Marathon Road Run,

Open Adult: Duathlon (Run Track Half, Bike Road Half, changeover point is Crossroads)

Kids: Half Marathon Road Bike

Open Team Relay event

The following race winners get a small, unique, locally hand crafted trophy to take home:

Men: Full Marathon Walk, Half Track Walk, Half Track Bike, Half Road Walk

Women: Full Marathon Walk, Half Track Walk, Half Track Bike, Half Road Walk

Kids: 10 kms

Open: Half Road Bike, 10kms

5KM Fun Run will receive acknowledgement for completion at race finish.

Place-getters will be acknowledged at the prize giving. Other prizes available on the day are yet to be determined.

AGE LIMITS

Adult Full Marathon event participants must be 18 years of age or over on the day of the event. Except Team Relay (see additional information sheet)

Half Marathon road event participants must be 16 years of age or over on the day of the event except for the Kids Half Marathon Road bike 10+ years. Kids must be 10 - 15 years of age for the 10km. At 16 they enter the 10km as an adult. Track event entrants must be 18 years old. The 5km Fun Run is open to all ages.

RACE/BIB NUMBERS

Race numbers will be issued in the race pack when competitors check in on the Friday. For 5KM Fun Run, participants will be issued with a race number at check-in on race day at Tryphena Hall.

BAGGAGE

CLEARLY LABELLED baggage will be transported from the Port FitzRoy Wharf back to Okupu or to the Tryphena Wharf for collection. If you wish to have a change of footwear suited for both track and road conditions please provide a clearly labeled bag and place in provided bin at the start, for transportation. For those running the full marathon organisers recommend a change of shoes after the bush track section particularly if the weather is wet. Organisers take no responsibility for unlabelled baggage and shoes or items placed in the wrong container. Bags for clothing/shoes etc are NOT provided.

FOOD AND DRINK

There will be water and energy drink plus jelly beans available at aid stations along the way. More energy food and water will be available at the finish lines. Competitors are responsible for anything they may require over and above what the event organisers provide.

PHOTOS

Photos will be taken throughout the event. These may be posted in the Wharf to Wharf Facebook page and on school website. They are usually available within two weeks of the event. Higher resolution copies are available when requested by email.

Please indicate on your registration form if you do not wish your photos to be used for publicity purposes.

T-SHIRTS

A Great Barrier Island Wharf to Wharf souvenir race T-shirt will be available for all competitors to purchase but must be ordered and paid for in the online registration process. They will be in your Race Pack.

KAURI DIEBACK

We are working closely in partnership with DOC in this area. We ask that you respect any directions the DOC team give you as regards washing gear etc and please stick to the designated route as clearly marked on the Forest Track.

RUBBISH - Less waste to landfill

Great Barrier Island is a special place. We are working hard to send less waste to the local landfill by reducing, reusing and recycling wherever possible. During the Wharf to Wharf event, we ask that you join with us by separating your waste. There will be specially labelled bins at the start, half way and finish (recyclables, food scraps and landfill waste). Quick drop bins will also be provided at all Aid Stations. Please help us to keep our island beautiful and pick up any litter you see.

MEDICAL CONDITIONS

Please indicate on your registration & make a note on the back of your race bib of any existing medical conditions with an emergency contact number for you on the day. Ensure you have any necessary medications etc to hand. St Johns is available during the day and the Medical Centre in Claris is forewarned of our event.

RACE RULES

1. Competitors need to be aware that the road sections of the race are open to normal traffic and that they are individually responsible for following the traffic laws and for the consequences of any breaches of those laws.
2. Competitors must stay on the approved course for the event and follow any instructions from the marshals. This is to protect you and the environment.
3. Race numbers must be worn on the front of the competitor and must be clearly visible to enable marshals to track competitors throughout the race. For safety reasons competitors will be checked off at each aid station. If the marshal is unable to see your race number you may be asked to stop and show it.
4. If a competitor chooses to withdraw from an event notification **must** be made to a marshal.
5. Should any competitor wish to change the race category they are registered for, it **must** be requested prior to the final day of registration, 3pm 13th September 2019. Should any competitor change their race on the day of the event they will be unofficial in the race they change to and will not be eligible for a race placing or an official time for the race they compete in. Registrants may not allocate their registration to a substitute.
6. The medical team makes the final decision to remove a competitor from the race.
7. Competitors need to complete the marathon by 4.00pm after which time they **will be** picked up and transported to the finish line.

8. Competitors seen deliberately littering will be disqualified.
9. Bikers must wear Standards Approved safety helmets at all times while riding.
10. Bikers may have the use of two bikes. However, should there be a breakage and the competitor still wishes to have an official time and placing, they must carry or push their own bike to the point where they may change bikes to continue the race.
11. As the event marshals are not able to monitor competitors over the entire course, the event organisers cannot be held responsible for any competitor not following the stated and expected rules in accordance with each race. For this reason the Event Organisers cannot give an "officially recognised" finish time on the walking races. Competitors registered as walkers will forfeit their placing if reported to be running at any time during the race by 2 or more people. Our definition of walking is: when walking, you always have one or both feet in contact with the ground during the gait cycle, whereas in running you have a flight phase where both feet are off the ground. The Event Committee's decision will be final.
12. The Event Organisers reserve the right to alter this document due to its early publication and will endeavour to inform any and all current registrants of any such changes in case it influences their decision to enter the event.
13. All children **MUST** be supervised by an adult.
14. Your transponder must be returned at the end of your race otherwise we will be liable for a \$50 replacement fee. Your consideration is appreciated.

Thank you, we look forward to your participation.

Any questions – contact Ngaire Avery Event Co-ordinator on 09 4290 605 or ring the Kaitoke School office 09 4290 273 Email: wharf2wharf@kaitoke.school.nz



Extra Information for Competitors entering the Team Relay Event

5th October 2019

Please read in conjunction with our main Information sheet

Welcome to our new event for 2019 ... a full marathon BUT run by a team of 3 or 4 competitors. Sounds like you? We see it as something that both businesses and families can enter. Challenge others to make up teams

Description

A full running event. You can have 3 or 4 in your team. One person runs Section A the Forest Track, 16.2 kms to Whangaparapara Road. The next person runs Section B from there to Kaitoke School Aid Station. The 3rd person runs Section C from Kaitoke School to Top o' the Hill. Then the last person runs Section D from Top o' the Hill to the finishline. If you only have 3 people, then one must run 2 consecutive stages. The first 2 stages have to be run by someone 18+ years (safety on the tracks). The last 2 stages can be run by one entrant 16+ years or 2 children 10+ years, or a combination.

So...

Section A, 16.5 kms. Track section. Plenty of gradient and technical bits over DOC land You'll know you have had a good workout. Foot baths to help stop the spread of Kauri Dieback

Section B, 11.1 kms A short sharp climb up White Cliffs to be greeted by the most magnificent views and a lovely track run down to Okupu Road. Continue for 2 kms downhill on the road then a flat section through our Metropolis to Master John at Kaitoke School. You have now crossed from the West Coast to the East.

Section C, 6.8 kms From Kaitoke School to Top o' the Hill Now you are into views of farmland, bush and sea. A short flat run to the first small hill As you come over the top the view of the surf beach will stop you in your tracks. Another flat run and at 4.3 kms you hit the Tryphena Hill, all 2.5 kms of non-stop climb. Good Luck! King William will greet you as you reach the summit. You are now ready to go down to the West Coast again

Section D, 7.8kms Top o' the Hill to Tryphena Wharf Beginning with a 2.8kms non-stop descent , gentle but jarring down to Tryphena Hall on the South-West Coast and then a 5ms run around the coastline to the finish

Age Limits

The first 2 stages must be run by entrants 18+years. The last 2 can be run by 2 children 10 years and older or 1 entrant 16+ years old (or a combination) on the day of the event. Please contact Ngaire Avery on wharf2wharf@kaitoke.school.nz or 09 429 0605 if you have any questions

On island transport

This is only available to the person doing the first section from Port Fitzroy (Cost \$55). The team will need to organize their other transport

How to register

When you register via the link, enter the team name and the contact details of the team captain. Payment of \$120 must be made when you register. Ngaire Avery will contact you to confirm all the other team members' details. All details need to be finalized by 13th September.

Transponders/Bibs/Race Packs

Your team will be given one Race Number (eg 806) Your bibs will all be the same number with a different letter. Please don't mix them up as Aid Station marshalls rely on those numbers to track you.

Example: Port Fitzroy to Whangaparapara Rd	806A
Whangaparapara Rd to Kaitoke School	806B
Kaitoke School to Top o' the Hill	806C
Top o' the Hill to Tryphena Wharf	806D

Or, if only 3 members 806A, 806B, and 806C/D for example

Your bibs will be in your RacePack that you pick up the day before.

Your team gets **one** transponder – picked up at Port Fitzroy start – that gets used instead of a baton. This must be worn around each team member's ankle and start to be timed.

Trophy

We are hoping that this event takes off. Interest so far has been great. We already have a sponsor for this event and Peter Edmonds is designing a new large trophy and a small take home ones as well for each team member.

If you have any questions please contact the Event Director, Ngaire Avery on wharf2wharf@kaitoke.school.nz or 09 4290 605